

# **Health and Illness Policy**

Revised 5/18/2020 for Covid-19 Guidance

## **SYMPTOMS CHECKS**

Upon arrival at the center, all staff and children will be checked for fever and for symptoms of COVID-19. Guardians and staff must disclose if anyone in their household has any symptoms of COVID-19 including cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and or loss of taste or smell. COVID-19 symptoms in children can also include belly pain, vomiting, diarrhea, rash, red cracked lips, red eyes, swelling of the hands or feet, joint pain, dizziness, vision problems, headache, and pale complexion.

If a child or staff member exhibits any symptoms and/or has a fever of 100.4 degrees Fahrenheit, they cannot be admitted to the building. Children or staff not admitted to school should consult with a health care provider. The school may also need to consult with the Health Department and licensing office.

If symptoms of COVID-19 are identified in a staff member or student during the morning symptom check, the staff member or child will be asked to remain at home until they are symptom-free for three days before returning to school.

## **EXPOSURE TO COVID-19**

Children and staff should not enter the school if they have been in contact with someone with a confirmed or probable case of COVID-19 in the last 14 days without using recommended infection control precautions. If you think that there is possible exposure to someone with COVID-19, please quarantine at home for 14 days. If a member of the household has a positive or probable case of COVID-19, the staff member or student must quarantine for an additional 14 days after the household contact is released from isolation. Parent of the child or the staff member should provide documentation from a doctor that the household contact has been released from isolation at the time the child or staff returns to school. If the child or staff member developed symptoms at any time during their quarantine, they may be considered a probable case of COVID-19 and the doctor should determine if the individual should be tested and how long the individual should remain excluded from school.

If a child or staff member develops symptoms after entry to school in the morning, the school will contact the Health Department and licensing office for additional guidance. If there is a possible exposure in the school building, the school will immediately close and undergo thorough cleaning and sanitizing practices. The school will stay closed for at least three days to allow time for sanitizing and for the individual with the case to be tested. If the test is negative, the school will be likely to reopen after three days. If the test is positive, the school will likely be closed for 14 days and all persons present at the school at the time will be asked to self-quarantine for the 14-day period.

### CONFIRMED CASE OF COVID-19

If a child or staff member is confirmed to have COVID-19, the individual will need to follow guidelines for self-quarantine during the recovery period. The child or staff member can return to school when he or she has met the CDC criteria for discontinuation of home isolation:

- at least 72 hours have passed since recovery, defined as resolution of fever without the use of medicine and improvement in respiratory symptoms, and
- at least 10 days have passed since symptoms first appeared.

### COMMUNICATION WITH PARENTS ABOUT HEALTH RISK

If there is a staff member or child sent home during the initial symptom screening, the school will not consider that the other children and staff in the school have been exposed and no further communication with families will be necessary. If a child or staff member becomes ill during the day or contact the school to report a possible exposure to COVID-19, parents will be notified immediately following consultation with the Health Department. Parents notified during the day about a possible exposure must be prepared to arrange for immediate pick up for their child(ren) from care and for self-quarantine at home for 14 days. Parents may not contact another child-care facility to arrange for care during the self-quarantine period, as this will cause other potential exposures.